

Armguard Sizing Chart

When choosing the correct size arm guards, most arm guards are comparable to glove sizes. If you wear a size large glove, you will typically wear a size large arm guard. If you plan on wearing the arm guard over shirt sleeves, you may need to order one size larger.

To check your sizing, measure around the widest part of your forearm, below the elbow. The sizes are listed below. Make sure to measure over your clothes if you will be wearing the arm guard over your clothes.



Circumference	S	M	L	XL	XXL
AG10008T	< 10.5"	10.5" - 11.25"	11.25" - 12.75"	12.75" - 14.25"	n/a
AG10009S	< 10.25"	10.25" - 12.25"	12.5" - 13.75"	13.75" - 15.75"	15.75" - 16.5"



Length	S	M	L	XL	XXL
AG10008T	8"	8.25"	8.75"	9"	n/a
AG10009S	9"	9.25"	9.75"	10"	12.25"

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